

1D4P—Shoulder Brace\*



**Your Road to Recovery  
Starts here . . .**

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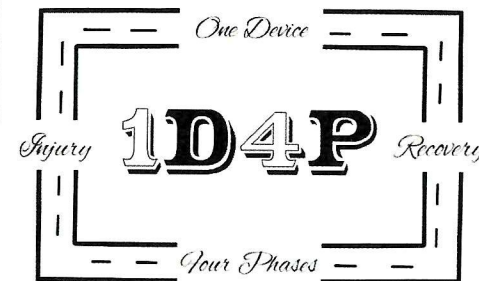
<https://www.etownorthotics.com>

E-Town Orthotics LLC has been certified by the U.S. Small Business Administration as a Service-Disabled Veteran-Owned Small Business (SDVOSB)

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**1D4P™ - One Device, Four Phases**

**Shoulder Brace\***



Providing you optimal healing positioning, posture, and performance from point of injury to recovery.



\*Incorporating Burton Brace Technology, Exclusively designed, marketed, and sold by E-Town Orthotics, LLC

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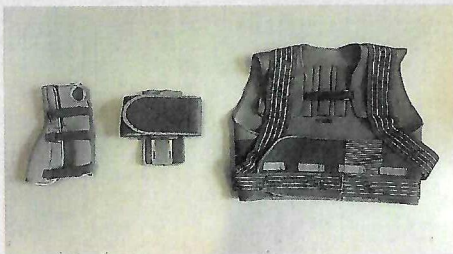
## Intended Use (21 USC 352)

This product is intended for external use only and is to be worn as instructed by a health care professional. This product is intended to protect an injured or surgically repaired shoulder and to assist in the healing and rehabilitative process associated therewith. This product is intended to be fitted by a certified orthotist and is to be modified thereafter only in accordance with a physician's instructions. Any use, including wear, other than as instructed to protect and/or heal a shoulder, is unsafe and must be avoided.

**Potential Hazards** – This product has a potential pinch point (PP) that will rest under the injured shoulder. This PP is the bracket system that has a locking handle on a screwed pin and is secured with a washer and nut. The locking handle should be toward the wearer's front, so that it may be engaged and released using the wearer's uninjured arm (an injured L or R shoulder may require reversal of the locking handle; to reverse, simply remove the nut and washer, pull the pin through the assembly, insert through the other side, and reattach the washer and nut to medically-required tightness). The bracket system is designed to be adjustable so that the wearer can achieve the medically-directed positioning and restriction of movement to optimally heal and rehabilitate the injured or surgically repaired shoulder.

1D4P Shoulder Brace has Three Components:

From left to right (1) forearm sheath; (2) bicep cuff and bracket; and (3) vest assembly.



## Directions For Use (21 CFR 807.87(e))

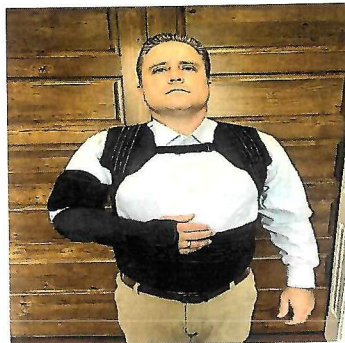
Step 1: Pull straps over shoulders and secure lumbar waist belt.



Step 2: Route each scapular retraction strap (SRS) under the arms and around the back (in opposite directions). Secure at waist, and use collar strap as desired.



Step 3: Secure injured arm in bicep cuff; mount bracket along ribs, at desired location and underneath the SRS for added security; and use forearm sheath as instructed.



## Directions For Use (21 CFR 807.87(e)) (Continued)

Step 3A: If medically acceptable, the injured arm may be supported by slipping the thumb or hand into the lumbar waist belt.



## Proper Care and Maintenance

This product is designed principally for medical utility and secondarily to be as comfortable and durable as reasonably possible. Proper care and maintenance of this product and its components should be to hang or return to packaging when it is not worn. If product becomes soiled or otherwise requires cleaning, please spot clean with water and if necessary, a mild non-detergent soap. Then, hang dry.

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